Mini-Mental State Examination

Give one point for each correct response

| | | | Score | Points |
|------------------|--------------------------------------|----------------------------|-------|--------|
| 0 | rientation | | | |
| 1. | . What is the | Year | | 1 |
| | | Season | | 1 |
| | | Date | | 1 |
| | | Day | | 1 |
| | | Month | | 1 |
| 2. | . Where are we? | State | | 1 |
| | | County | | 1 |
| | | Town or city | | 1 |
| | | Hospital/nursing | | 1 |
| | | home/other building | | |
| | | Floor | | 1 |
| R | egistration | | | |
| 3. Name three of | | ects, taking 1 second | | 3 |
| | to say each. Then ask the patient to | | | |
| | • | . (Give one point for each | | |
| | • | Repeat the answers until | | |
| | the patient lear | - | | |
| 4 | • | | | |
| | ttention and Calc | | | |
| 4. | | sk the patient to count | | 5 |
| | | 100 by sevens, as 93, 86, | | |
| | • | fter five answers; give | | |
| | = | ach correct answer.) | | 4 |
| | Alternative: Spe | ell WORLD backwards. | | |
| R | ecall | | | |
| 5. | Ask for names of | of the three objects | | 3 |
| | learned in ques | tion 3. (Give one point | | |
| | for each correct | t answer.) | | |
| L | anguage | | | |
| 6. | Point to a penci | il and a watch. Ask the | | 2 |
| | | e each as you point. | | |
| 7. | Ask the patient or buts." | to repeat "No ifs, ands, | | 1 |
| | Page 1 Subtotal | | | 24 |
| | - age i suoioiui | | | - I |

| 3. | Ask the patient to follow a three-stage command: "Take a paper in your right hand. Fold the paper in half. Put the paper on the floor." | 3 |
|-----|---|--------|
| 9. | Ask the patient to read and obey the following command: "CLOSE YOUR EYES." (Write in large letters.) | 1 |
| 10. | Ask the patient to write a sentence of his or her choice. (The sentence should contain a subject and an object and should make sense. Ignore spelling errors when scoring.) | 1 |
| 11. | Ask the patient to copy the design shown. (Give one point if all sides and angles are preserved and if the intersecting sides form a quadrangle.) | 1 |
| | Page 2 Subtotal | 6 |
| | Add Page 1 Subtotal | 24 |
| | TOTAL SCORE | 30 |

The Mini-Mental State Examination, which can be administered in the primary care setting in about 10 minutes, will accurately identify patients who have cognitive impairment. A score of 20-24 generally suggests mild impairment; a score of 16-19, moderate impairment; and a score of 15 or less, severe deficit. Keeping track of a patient's scores over time will also document progression of the patient's dementing disease.

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